	Elements		Criteria	Candidate's checklist
1	MANICURE – ONE HAND ONLY **Objective:** To complete in 42 minutes a manicure that follows the published criteria **Candidates** must have dark red nail polish on both hands prior to the exam. **Clients** must have dark red nail polish on one hand only prior to the exam	10 min 2 min # 3- 4 5 min 10 min # 6-9 15 min	1. Remove polish; Shape nails appropriately 2. Soak; Dry hand completely 3. Apply cuticle cream 4. Nip or push cuticles; clean under free edge. 5. Cream and massage hand using basic massage techniques 6. Apply polish – base coat, two polish coats, 1 top coat, 7. Clean up around nails following instructions of examiner. 8. Discard orange wood sticks after use 9. Clean up work area	1.Nail polish remover 2.Cuticle pusher (orange wood stick) 3. Nail files 4. Sanitizer 5. Cotton 6. Cuticle nipper 7. Hand soap 8. Manicure bowl 9. Towels 10. Cream for massage 11. Red nail polish, base & top coats 12. Gibson towels 13. Finger nail clippers
	Elements		**Criteria**	**Cadidate's checklist**
2	ACRYLIC NAILS – ONE HAND ONLY **Objective**: To complete within 60 minutes … *No French, Natural Only.	Part one & two 30 min	**Part One: Preparation of Nails** 1. Prepare the client's nail, implements, etc. 2. Sanitize client's and technician's hands 3. Gently push back cuticles removing eponychiums 4. File to remove shine 5. Remove dust from nail surface **Part Two: Application of nail tips.** 6. Apply the correct size of 5 nail tips OR nail forms 7. Cut tips to desired lengths and shapes 8. Dust all filings from the nail plate 9. Blend where tip meets natural nail 10. Apply primer if required	1. UV lamp 2. Nail enhancement product of candidates choice 3. Files 4. Buffer (if desired) 5. Cotton or Nail wipes 6. Cuticle pusher 7. Orangewood sticks 8. Cuticle nipper 9. Cuticle oil (if needed) 10. Hand sanitizer 11. Nail tips/forms 12. Dremel may be used 13. Candidates must bring new file for client 14. Finger nail cutters 15. Gel Brush 16. Manicure Brush

PREPARATION SHEET FOR NAIL TECHNICIAN EXAM
2010-2011

		Part 3 30 min	**Part three: Application of Nail Bed Color** 1.Pat or stroke product into place 2.Buff nail to smooth finish 3.Apply top coat or buff to high gloss 4. File, Shape, and Smooth Nails if required 5. Apply cuticle oil 6. Client washes hands once oil is absorbed	
	Elements		**Criteria**	**Cadidate's checklist**
3	GEL NAILS – ONE HAND ONLY **Objective**: To complete nail enhancements to one hand appropriate to client within 60 minutes meeting published criteria * No French, natural only.	Part one & Two 30 min Part three 30 min	**Part One: Preparation of Nails** 1 Prepare the client's nail, implements, etc. 2. Sanitize client's and technician's hands 3. Gently push back cuticles removing eponychiums 4. File to remove shine 5. Remove dust from nail surface **Part Two: Application of Nail Tips** 6. Apply the correct size of 5 nail tips 7. Cut tips to desired lengths and shapes 8. Dust all filings from the nail plate 9. Blend where tip meets natural nail 10. Apply primer if required **Part Three: Application of Product** 1.Apply a thin layer of gel to four fingers and gel cure for systems time (unless your lamp allows for the entire hand) 2.Apply thin layer of gel to thumb 3Apply remaining layers of gel as prescribed by manufacturer 4.Cleanse nails with appropriate product 5. Apply finishing wipe.	1. UV lamp (if needed) 2. Nail enhancement product of candidates choice 3. Files 4. Buffer (if desired) 5. Cotton or Nail wipes 6. Cuticle pusher 7. Orangewood sticks 8. Cuticle nipper 9. Cuticle oil (if needed) 10. Hand sanitizer 11. Nail tip 12. Dremel may be used 13. Candidates must bring new file for client 14. Fingernail clippers 15. Gel Brush 16. Manicure Brush