

**AESTHETIC EXAMINATION
2010-2011**

	Elements		Criteria	Candidate's Checklist
1	<p>MANICURE</p> <p>Objective: To complete in 42 minutes a manicure that follows the published criteria</p> <p>Candidates must have dark red nail polish on both hands prior to the exam.</p> <p>Clients must have dark red nail polish on one hand only prior to the exam</p>	<p>10 min</p> <p>2 min</p> <p>#3-4</p> <p>5 min</p> <p>10 min</p> <p>#6-9</p> <p>15 min</p>	<p>1. Remove polish; Shape nails appropriately</p> <p>2. Soak; Dry hand completely</p> <p>3. Apply cuticle cream</p> <p>4. Nip or push cuticles; clean under free edge.</p> <p>5. Cream and massage hand using basic massage techniques</p> <p>6. Apply polish – base coat, two polish coats, 1 top coat</p> <p>7. Clean up around nails following instructions of examiner.</p> <p>8. Discard orange wood sticks after use</p> <p>9. Clean up work area</p>	<p>1.Nail polish remover</p> <p>2.Cuticle pusher (orange wood stick)</p> <p>3. Nail files</p> <p>4. Sanitizer for implements</p> <p>5. Cotton</p> <p>6. Cuticle nipper</p> <p>7. Hand soap</p> <p>8. Manicure bowl</p> <p>9. Cloths and paper towels</p> <p>10. Cream for massage</p> <p>11. Red nail polish, base & top coats</p> <p>12. Gibson towels</p> <p>13. Band-Aids</p> <p>14. Bowl</p>
	Elements		Criteria	Candidate's Checklist
2	<p>EYEBROW WAXING</p> <p>Objective: To complete within 17 minutes a balanced and appropriate brow shape.</p> <p>1. Examiner Marks Growth Pattern</p> <p>2. Both Eyebrows to be done</p> <p>3. Candidate must keep each strip used for examiners to check</p>	<p>5 min</p> <p>10 min</p> <p>2 min</p>	<p>Part One: Cleansing and Preparation for Waxing</p> <p>1. Check wax temperature</p> <p>2. Perform client analysis through examination and questions</p> <p>3. Cleanse with appropriate solution and apply powder</p> <p>4.Examiners will scrutinize models to ensure model has ¼” growth and mark growth pattern</p> <p>Part Two: Application of Wax</p> <p>1. Apply wax</p> <p>2. Apply and remove strip (no minimum or maximum number of strips, but each strip must be used only once)</p> <p>3. Examiners scrutinize model and make recommendation;</p> <p>* Keep all strips used</p> <p>4. Tweeze if necessary</p> <p>Part Three: Completion</p> <p>1. Apply cream to waxed area</p>	<p>1. Ample number of strips</p> <p>2. Tweezers</p> <p>3. Cleanser</p> <p>4. Powder</p> <p>5. Wooden applicator</p> <p>6. Cream (after care)</p> <p>7. Cotton Pads or gauze</p> <p>8. Eyebrow brush</p> <p>9. Scissor for trimming (optional)</p> <p>10. Sheet for bed</p> <p>11. Gloves (optional)</p>

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	Elements		Criteria	Candidate's Checklist
3	<p>UNDERARM WAXING</p> <p>Objective: To complete within 12 minutes one entire underarm waxing meeting published criteria.</p> <p>1. Examiner marks growth pattern (under one arm only)</p> <p>2. Candidate must keep each strip used for examiners to check</p>	<p>2 min</p> <p>5 min</p> <p>5 min</p>	<p>Part One: Cleansing and Preparation for Waxing</p> <p>1. Check wax temperature.</p> <p>2.Perform client analysis through examination and questions</p> <p>3.Cleanse with appropriate solution and apply powder</p> <p>4.Examiners will scrutinize model to ensure they have ¼” growth and mark growth pattern</p> <p>Part Two: Application of Wax</p> <p>1.Apply wax appropriately and in proper direction</p> <p>2.Apply and remove strip (no minimum or maximum number of strips, but use each strip only once)</p> <p>3.Remove as much hair as possible with strips</p> <p>4.Examiners scrutinize and make recommendation</p> <p>5.Tweeze if necessary</p> <p>Part Three: Completion</p> <p>1. Apply cream to waxed area</p> <p>Clean up work area</p>	<p>1.Ample number of strips</p> <p>2.Tweezers</p> <p>3.Cleanser</p> <p>4.Powder</p> <p>5.Wooden applicator</p> <p>6.Cream (after Care)</p> <p>7.Cotton Pads or gauze</p> <p>8.Gloves (optional)</p>

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4	FACIAL Objective: To complete in 50 minutes using appropriate equipment and products for a proper facial; to completely cleanse the skin, analyze, prepare client to rejuvenate their skin and proper application of product Note: If client is pregnant or has heart condition, the HF machine can be turned off but candidate must demonstrate technique	5 min	<u>Part One: Preparation of Client</u> 1.Assembles products on workstation 2.Position client on bed with appropriate covering 3.Analyze skin and provide prescription on index card provided by CANB	1.Towels 2.Bedding 3.Facial products 4.Facial brush (optional) 5.Q-tips 6.Cotton pads/ gauze 7.Gibson towels 8.Wrap or robe for clients 9.Wrap for clients hair 10. Sanitizer for high frequency 11. Massage cream or oil for client
15 min		<u>Part Two: Cleansing of Skin</u> 1.Remove makeup completely – examiner will check for traces of makeup 2.Apply appropriate product according to client's skin type and condition 3.Examiners check		
5 min		<u>Part Three: Vapotreat or Lucas</u> 1.Prepare equipment 2.Locate equipment appropriate distance from client's face		
5 min		<u>Part Four: Extraction and High-Frequency</u> 1.Perform extraction and High-Frequency to examiners satisfaction 2.Candidate must use Gibson or tissue for extractions. 3.Use appropriate material 4.Employ proper technique		

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	Continue	10 min	<u>Part Five: Massage (apply massage product)</u> 1. Must perform at least 10 different massage techniques (Candidate may continue past the minimum number of massage techniques.)	Continue..
		5 min	<u>Part Six: Application of Mask</u> 1.Apply appropriate product with fingertips or brush 2.Complete client analysis card and submit to examiner <u>Part Seven: Removal of Mask</u> 1.Use appropriate material (towels or cotton pads) to remove mask 2.Examiners scrutinize client for mask residue	
		5 min	<u>Part Eight: Completion</u> 1.Apply cream 2.Sanitize implements 3.Clean up station	